

Mgr farm. Wojciech Wahl

„Study of attitudes towards the problem of smoking among students of Universities and Medical Universities in Łódź and Warsaw”

ABSTRACT

Smoking tobacco products in Poland and in the world is a significant health-economic problem. Leading to addiction to nicotine, people suffer from a number of health complications often requiring medical intervention. A cause-and-effect relationship has been proven in many disease entities, including lung cancer, cardiovascular diseases such as ischemic heart disease and stroke, as well as chronic obstructive pulmonary disease (COPD) and various respiratory conditions. Due to the nature of the addiction, the stop smoking is difficult. On the pharmaceutical market in Poland are present pharmaceutical products that can help in the fight against nicotine addiction. These products containing as active substances, nicotine, cytisine, varenicline or bupropion. The review aims to discuss current state of knowledge on nicotine addiction in Poland, present active substance that can help against nicotine addiction and present their clinical efficacy and safety.

The aim of the work - research project, is to study the problem of nicotine addiction among students of universities and medical universities.