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**Zmiany w samoocenie problemów i zaburzeń emocjonalnych  
i behawioralnych polskich nastolatków w XXI w.**

Changes in self-reported emotional and behavioral problems of Polish  
adolescents in XXI century

Rozprawa doktorska na stopień doktora

w dziedzinie nauk medycznych i nauk o zdrowiu

w dyscyplinie nauki o zdrowiu

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## **Abstract**

The aim of this thesis was to measure changes in frequency of self-reported emotional and behavioral problems and disorders in the first decade of XXI century in Poland. Assessment was done with the use of Youth Self-Report (YSR) questionnaire from the Achenbach System of Empirically Based Assessment (ASEBA) family. Measurements were taken in 2000, 2011 and 2013. The influence of age, gender and urbanization was included in the analysis. We concluded that the frequency of emotional and behavioral problems remained stable but the clinical groups increased in frequency, especially regarding thought problems and attention problems. Influence of gender, age and urbanization was discussed.